



Midwestern Public Health Training Center



Episode 1: How to Avoid Lost Opportunity

Date: Tuesday, June 21, 2016

Time: 12:00- 1:00 PM EST

According to the CDC's 2014 National Diabetes Statistics Report, close to 86 million American adults have prediabetes, and 90% of them don't know it. Understanding prediabetes is the first step to taking control the risk for diabetes and making life choices that can reverse it.

Prediabetes is a warning sign that should not be ignored. This webinar will define prediabetes, it's risk factors and impact on the healthcare system and other measures that can be taken to delay or prevent progression to diabetes.

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Presenter:

Karen Rae Kelly, MSN, APRN-C,
COHN-S

Karen Kelly, APRN-C, COHN-S is a licensed Family Nurse Practitioner (FNP) with over 36 years of clinical experience. She worked in cardiac care, medical/surgical nursing and employee health services (EHS) at St. Francis Hospital in Indianapolis for 19 years before becoming a FNP. As a FNP she worked in occupational health for Columbus Regional Hospital and internal medicine for Indiana Internal Medicine Consultants in Indianapolis before going to Eli Lilly and Company in 2004. In her role at Eli Lilly, she has worked in clinical trials and as a Clinical Research Scientist in the Diabetes Business Unit. Karen now works in Eli Lilly's EHS providing consultation for employees with chronic diseases such as diabetes and weight management. Her current role also includes caring for employees with work-related illness or injury and personal illness.

**For questions and more
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